



The Latest News From MCDPH - March 2018

Dear Colleagues,

As we approach National Public Health Week (April 2 - 8, 2018), we want to start this month's newsletter off with a nod to Professor CEA Winslow, an influential figure who helped pioneer the field of public health. Prof. Winslow defined public health as "the science and art of preventing disease and promoting health through the organized efforts and informed choices of society, organizations, public and private communities, and individuals."

Although many people aren't even aware of it, public health surrounds us all every day. It is essential to the health, safety, and well-being of all of us, and especially our nation's most vulnerable. Our children and adolescents are arguably one of our most valuable, yet vulnerable populations and need our support as they face challenges such as bullying, peer pressure, and are introduced to substances and exposed to unfathomable violence. The mission of the American Public Health Association's Healthiest Nation 2030 campaign is to "create the healthiest nation in one generation," and that starts with building a promising and healthy future for our young people, who now, more than ever need public health's attention.

There are many local events and initiatives taking place for National Public Health Week, so visit <http://www.nphw.org/> for more information on how you or your organization can become involved.

If you'd like to learn more or are interested in sharing what the field of public health entails, the CDC offers "Introduction to Public Health" training with resources that can be downloaded and customized to meet the needs of your organization. The course and resources can be found [here](#).

As always, we hope you enjoy reading this month's newsletter.

Best Regards,
Danielle Louder & Elizabeth Foley
Co-Directors, MCD Public Health

National Public Health Week 2018



Healthiest Nation 2030

Changing Our Future Together | April 2 - 8, 2018

Join the American Public Health Association (APHA) in celebrating [National Public Health Week](#) and become part of a growing movement to create the healthiest nation in one generation. National Public Health Week serves as a time to highlight the contributions of public health as well as important issues that are vital in improving our nation.

Maine Shared Community Health Needs Assessment

The Maine Shared Community Health Needs Assessment (CHNA) has started planning its third triennial assessment process. Maine is unique in that it is the only state to organize a public-private statewide collaborative to assess the health needs of the entire state through partnerships with health systems, public health organizations, and community engagement.



According to Doug Michael, Chief Community Health Officer with Eastern Maine Healthcare Systems, “Our shared mission is to promote data-driven health improvements for all Maine people. This unique partnership is a first in the nation that brings all Maine hospitals and public health agencies together to provide our communities with common data, trends and host community conversations that foster stewardship and meaningful local solutions.”

[Click here to read the full press release.](#)

MCDPH Events & Opportunities

Join Us In Person



The Northeast Telehealth Resource Center, a project of MCD Public Health in collaboration with the University of Vermont and the National Consortium of Telehealth Resource Centers, is hosting the 4th Annual Northeast Regional Telehealth Conference on June 5-6 in Portland, ME! Join us to learn how telehealth/telemedicine is being leveraged across the northeast and beyond to expand access, promote cost savings, and improve health outcomes! Our agenda features nationally recognized speakers, a variety of breakout sessions highlighting regional telehealth programs, an exhibit hall, and ample networking opportunities.

(Photo provided courtesy of AMD Global Telemedicine)

[Learn More](#)

Join Us Online



MCD Public Health's Community Health Worker Online Training helps CHWs and other individuals who assist clients in the prevention, management, or self-management of chronic conditions such as high blood pressure, prediabetes, diabetes, and asthma. The training is available in English and Spanish and is designed to be self-paced, educational and interactive with helpful downloadable tools. Various states including New York, Nebraska, Massachusetts and Virginia have open access. Users from other states can register for a small fee. Interested in open access for your state or have questions contact us at: chwtraining@mcdph.org

[Learn More](#)



MCDPH Events for 2018

[See All Upcoming Events](#)

Northeast Regional Telehealth Conference

Optimizing **Enhancing** Revolutionizing
Value. **Engagement.** Access.

NORTHEAST
TELEHEALTH
RESOURCE CENTER



June 5+6, 2018
Portland, Maine

www.netrc.org/conference | 800-379-2021 | [Register or Save The Date!](#)

Partner Events

Alcohol Free Weekend - March 30 - April 1, 2018. A national campaign from the National Council on Alcoholism and Drug Dependency to kick off Alcohol Awareness Month in April. For more information, [click here](#) .

National Public Health Week 2018 - April 2-8, 2018 . Theme: "Healthiest Nation 2030: Changing Our Future Together," [click here](#)

QC 2018: Quality, Collaboration, Innovation ... It All Counts! - April 4, 2018
 . Keynote: Dr. Sanjeev Arora - Dr. Arora's [Project ECHO®](#) shares knowledge and amplifies best-practice care for underserved people all over the world, [click here](#) .

Global Health & Innovation Conference - April 14-15, 2018 - Yale University, New Haven, CT. For more information and to register, [click here](#) .

National Network of Public Health Institutes (NNPHI) Annual Conference and Public Health Workforce Forum - May 22-24, 2018 - New Orleans, LA. For more information and to register, [click here](#) .

Northeast Telehealth Resource Center's 2018 Regional Telehealth Conference - June 5-6, 2018 - Portland, Maine. To register, [click here](#) .

Get In Touch

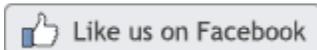
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