

## The Latest News From MCDPH - December 2018

### Reflecting on 2018 - Moving Forward for 2019

It has been a fast moving and busy year for all of us in Public Health! Here at MCD Public Health, we are excited to announce that we have received “Category A” full membership in the National Network of Public Health Institutes. We are incredibly proud to share this achievement, as it recognizes the extensive work of our MCD Public Health team and the positive impact on the health and wellbeing of the people we serve in Maine, across the U.S., and in our overseas locations.

In 2018, our team:

- Provided over 680 responses for technical assistance in telehealth/telemedicine to health systems and health care organizations throughout the northeastern United States
- Supported enhanced vaccination coverage for children and adults across Maine
- Coordinated efforts in Maine to increase knowledge and adherence to guidelines in antibiotic resistance and healthcare associated infections control
- Contributed to health sector workforce development in California, Maine, Massachusetts, New York, Nebraska, and Virginia through development of web-based curricula and MCD’s web learning platform for chronic diseases
- Coordinated preventative services and technical assistance to improve oral health through school-based interventions in Maine
- Provided management services for a number of non-profits in Maine dedicated to improving public health in the communities they serve
- Continued to reduce the burden of malaria in over 20 African countries including notably Equatorial Guinea where MCDI successfully completed its 15th year of operations
- Effectively reduced the transmission of Zika and dengue in Guatemala and El Salvador
- Increased access and use of cervical cancer screening and treatment by women in Equatorial Guinea

We developed a 5-year Strategic Plan (2019-2023) which envisions MCD growing as a global public health organization and enhancing our impact through strategic partnerships and in the design, implementation, and assessment of high-quality and enduring programs in public health.

A significant part of this work will be MCD Public Health's steadfast support and collaborative work with our many partners in 2019 to strengthen and grow public health infrastructure and programs throughout Maine.

Wishing you all the best and we’ll see you in 2019!

Best Regards,  
Danielle Louder & Elizabeth Foley  
Co-Directors, MCD Public Health

## MCDPH Becomes Public Health Institute

MCD Public Health (MCDPH) has been awarded Category A status as a Public Health Institute under the National Network of Public Health Institutes (NNPHI). Significant to NNPHI's decision to upgrade our status was an overview to the NNPHI Board on the extensive work MCD Public Health has been doing to enhance public and community health, health systems and outcomes for more than five decades - here in Maine, across New England and the nation. Another important factor is our significant strengths in practical program planning and implementation, along with community assessment and capacity building.



Over the past three years MCD Public Health has been a strong and visible partner to the NNPHI network, including participation in leadership meetings and workgroups (including Rural Health and Physical Activity, Nutrition and School Health), sharing resources among network members, and growing our presence at the NNPHI Annual Conference. We're thrilled to have achieved formal recognition as a Public Health Institute, and look forward to continuing to leverage the resources of the network and its members (now 42 across the U.S.), as well as sharing the extensive expertise and resources that MCDPH brings to the table.

For more information about NNPHI, [click here](#).

## Healthy Kids Healthy Future



MCD Public Health will serve as the lead for a five-year statewide obesity prevention project funded through a cooperative agreement with Nemours National Office of Policy & Prevention, under U.S. CDC 1802 funding. Maine is one of three states to participate in the Healthy Kids Healthy Future Technical Assistance Program that has an overarching goal to increase capacity for statewide obesity prevention in Early Care and Education settings. In addition, Maine will pilot facility-based

obesity prevention interventions that improve the nutritional environment and increase opportunities for developmentally appropriate physical activity at these sites. MCDPH and the Maine CDC will serve as mentors to additional states as they join the Healthy Kids Healthy Future TA Program.

## #MEALTIMEMATTERS in Lincoln County

In Lincoln County, about 2 in 5 teens

report not eating dinner with their family at least 5 nights a week (2017 MIYHS). Our colleagues at Healthy Lincoln County decided to do something about this.

Meal time offers more than just the obvious nutritional benefits. Eating a meal with family or with friends has a plethora of **physical, mental, and emotional benefits.**

The #MealTimeMatters Campaign will roll out in December with the distribution of 500 reusable grocery bags with informative materials to local food pantries, the launch of the social media campaign, and planning for part two. **Contact us to get involved!**



For information on how you can promote eating meals together in your own home, **click here.**

## News From the Nation and Abroad

### MCDI Hosts World AIDS Day Event in Gabon

On Saturday, December 1, World AIDS Day, MCDI's **Improved Integrated Maternal and Neonatal Survival through Malaria and HIV/AIDS**

**Prevention in Gabon** project participated in a screening event in Tchibanga, Gabon. In rural Nyanga province where MCDI focuses its activities, the HIV prevalence rate is estimated to be around 6%. At the event, over 120 women were screened for HIV, and over 3,000 condoms donated to the project by **U.S. personal care company L.** were distributed. The day-long event was presented in



collaboration with the Provincial Multidisciplinary Committee against HIV/AIDS (CPMLS), the General Direction for the Prevention of AIDS (DGPS), and the National Program for Combatting HIV/AIDS and Sexually Transmitted Infections (PLIST).

To read the full press release, **click here.**

## Join Our Team

MCD is seeking talented individuals for both domestic and international positions:

**Domestic Public Health**

**International Public Health**



[Click here](#) to see more opportunities.



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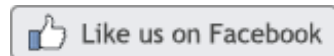
## Upcoming Events

**APHA Policy Action Institute - February 6, 2019** - Washington, DC. For more information and to register, [click here](#).

**2019 NNPHI Annual Conference - May 20-22, 2019** - Washington, DC. For more information, [click here](#).

**2019 Northeast Regional Telehealth Conference - Save the Date!! - June 17-18, 2019** - Portland, Maine. More details coming soon!

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