

The Latest News From MCDPH - December 2019

A Successful 2019 - Motivated for 2020

It has been a fast moving and busy year for all of us in Public Health! Here at MCD Public Health, we've continued to focus on our growth and visibility as a global, public health organization while upholding our mission of improving the health and wellbeing of all people, here in Maine, throughout the nation, and across the globe.

2019 highlights include:

- Recognized by Maine DHHS as a key partner in rural health and telehealth.
- New Board Members recruited to expand our domestic expertise.
- Our team presented at over 22 national and regional conferences, including the 2019 mHealth and Telehealth World Congress and the National Network of Public Health Institutes.
- Continued to build unique public health IT solutions including workforce development and employee wellness platforms.
- Our online training resources currently have over 7,000 users across the United States.
- Serving as Chair of the Maine DHHS Telehealth and Telemonitoring Advisory Group.
- Healthy Lincoln County launched "Lulu the Lunch Wagon," the first mobile unite in Maine to increase children's access to free, healthy lunches.
- Lincoln County Gleaners received grants and private donations to continue to build the gleaning program. Over 9,500 pounds of produce delivered to community members.



Best Regards,
Danielle Louder & Elizabeth Foley
Co-Directors, MCD Public Health

MCDPH News & Updates

Healthy Lincoln County Changes Location

Healthy Lincoln County, our local public health organization in Damariscotta, have a new home! Beginning January 1, 2020 you will be able to find them at 281 Main Street in Damariscotta (directly across the street from their former location).

To learn more about Healthy Lincoln County, visit their [website](#).



Maine Promotes New Year's Day Hikes

Maine is joining the rest of the United States in encouraging people to begin 2020 with a focus on healthy lifestyles by participating in America's State Parks First Day Hikes program on New Year's Day. All fifty states are offering guided hikes on January 1st, and Maine has five state parks participating.

To read the full State of Maine press release, [click here](#).



To learn more about New Year's Day Hikes, visit the [America's State Parks website](#).

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Domestic Public Health



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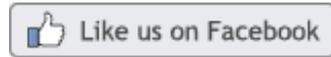
International Public Health



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Get In Touch
MCD Public Health
11 Parkwood Dr.
Augusta, ME 04330
P: 207-622-7566
Email: info@mcdph.org

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